



A caring, creative, intelligent school!!

(604) 944-9037, Fax (604) 944-8634

<http://www.sd43.bc.ca/elementary/blakeburn/>

## Hip Hop

We will be planning for hip hop again this year. Each class will get 6 lessons. The entire unit will culminate in a sharing with parents on May 4th



## Hip Hop Online

You can register your online payment account for upcoming Hip Hop fees.

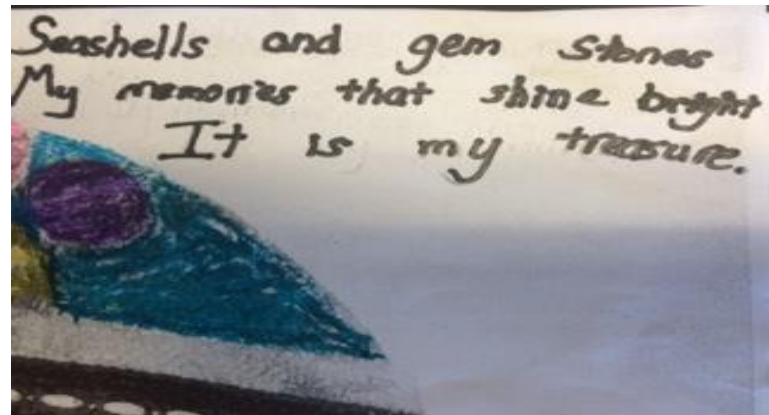
Here's how to get started today:

Go to:

<https://sd43.schoolcashonline.com>

1. Register your account.
2. View and pay fees online.

**It is important to register even if you are not using the online payment option as this is how permissions for field trips will eventually be communicated.**



## Exploration of Identity through memories, stories and collections

We are thrilled with all of the memory string stories students are bringing to add to their collections. We envisioned this activity as a time to connect with your child. Thank you so much for supporting us with this activity.

Siegel and Bryson, in their book, *The Whole Brain Child*, discuss the importance of remembering to remember. The way children remember is partly aided by parents reminiscing with their children. As we learned earlier, we know that if parents talk over events with their young children, then the amnesia barrier that is typically reported in 2- to- 3-year-olds can be pushed back much earlier. This indicates that the framework of interpretation provided by the adults helps the child to make sense of his experiences and form better memories. (p.241)

Here is a short video for parents.

***How Storytelling Connects Both Sides of the Brain***

[http://www.drdansiegel.com/resources/video\\_clips/parenting/](http://www.drdansiegel.com/resources/video_clips/parenting/)

## Beyond the Bell

### **Basketball**

Mondays April 11- May 9 from 2 :45pm – 4 :45pm.

**Science Nuts** Wednesdays April 13- May 11 2:45pm - 4:15pm.

Register : [www.experienceit.ca](http://www.experienceit.ca) or 604.927.PLAY

## Early Dismissal

April 14<sup>th</sup> is an early dismissal for the purpose of Student-led conferencing. Please ensure your child has arrangements for after school. Dismissal will be at 1:45.



## Parent Appreciation

On April 14<sup>th</sup> from 1-1:45 we are hosting a Parent Appreciation Tea. We will have singing, artworks from every grade, and a community installation.

## Helpers Needed

Mrs. McComb & Ms. Lafond need some parent helpers Monday and Tuesday morning to organize the memory projects from after bounce to recess. Please email [amccomb@sd43.bc.ca](mailto:amccomb@sd43.bc.ca) if you can help.

## Collections

We are collecting found things, rocks, shells, sticks, buttons...to be used in creating the community installation. We will all participate in creating a class collage of found things like the star above.

## Link to Online Absence Report

<http://www.sd43.bc.ca/elementary/blakeburn/Pages/default.aspx>

## Calendar Items

<http://www.sd43.bc.ca/elementary/blakeburn/Lists/Calendar/calendar.aspx>

Mon	Tues	Wed	Thurs	Fri
4	5 Fruit & Veggie Program (snap peas)	6	7	8
11 PAC Meeting 6:45pm (library)	12	13 Como Lake Relays	14 Early Dismissal at 1:45pm (Student-Led)  Parent Appreciation Tea 1-1:45	15 Pro-d Day  No school in session
18	19 Fruit & Veggie Program (grape tomatoes)	20	21	22
25	26	27 Minnekhada Open House 6:30	28 Kway Parent Night 7:00	29

## Emergency Preparedness and Student Release

On May 5<sup>th</sup> at 1:30pm Blakeburn Elementary will conduct an earthquake drill that includes the emergency release of students. We want you to be aware of it and we have attached some information from our district and flyers and there will be more information to come closer to the date.

## Take Five

Take five is a mindfulness strategy. The challenge is to take five, five times during the day. Essentially that entails focussing on five slow breaths and becoming aware of your surroundings. Try taking five with us.

“Scientific evidence suggests that we can change our brains by cultivating habits that will improve well-being. They include happiness, resilience, compassion, and emotional balance.”

-Dr. Ricard J. Davidson, neuroscientist, the University of Wisconsin-Madison

## The Parking Lot

Our parking lot is busy and crowded. I ask that you exercise extreme patience. We get a lot of people through here in a very short time. Help us keep your children safe and model kindness and respect for our school.

Please:

- Be patient you may need to wait.
- Do not leave your car if it is stopped.
- When you are stopping ensure that there is a lane for traffic to flow.
- Do not honk.
- When it is raining it is even more important to follow the courtesies above as visibility is poor.
- Older students are old enough to wait, if you have an intermediate child they can wait ten minutes and then you can go through the parking lot freely.

Our school is growing but the parking lot is not, so we need to get people to cooperate and start staggering your pick-ups. We need to encourage more people to walk. And we have to increase our patience. We are in this together, let's make it work.

## Nut Allergies

Some of the students in our school have a severe allergy to peanuts. Because of this health concern we ask you to avoid sending snacks containing peanuts and peanut butter to school. Please remind your child not to share recess snacks with other students so that you know what your child is eating at school.

Washing hands after eating (including breakfast), especially if peanut products are eaten, is a healthy routine for all of us to establish and practice. Your cooperation with this situation will help to ensure the safety of all students in the school.



## NewsFrom the PAC

Website: [www.blakeburnpac.org](http://www.blakeburnpac.org) Find us on Facebook: "Blakeburn Elementary PAC"

### **Next PAC Meeting – Monday, April 11, 6:45-8:00ish**

Thinking about joining the PAC next year or just want to see what it's all about? Come and join the conversation and hear from the Principal and the PAC about what's going on and being planned in the school. The meeting starts at 6:45pm and is usually done around 8pm, and takes place in the school library. More info here: <http://www.blakeburnpac.org/our-meetings.html>

### **"PROTECTING KIDS ONLINE" – an upcoming parent education event Wednesday, May 4<sup>th</sup> 6:30pm at Blakeburn**

This presentation puts the spotlight on how parents can keep their kids safe while enjoying the benefits of technology. Whatever the concern: predators, cyber bullies or inappropriate material, this compelling presentation helps parents understand that they don't need to be a techie to keep their kids safe in cyberspace.

Protecting Your Kids Online explains in an easy to understand manner:

- The top three reasons kids use the internet
- How technology changes the way kids communicate
- The risks associated with each online activity
- How to recognize the warning signs that a predator may be targeting your kids

If you can relate to ANY of the following statements, you MUST NOT miss this presentation!

- I want to feel comfortable that my kids are protected when they are online
- I want to understand what my kids are using the internet for
- I am confused about texting, Snapchat, Facebook, and chat rooms
- I am concerned about strangers or bullies online
- I want to learn ways to monitor my kids internet use

Blakeburn will also host a school assembly on Cybersafety. More information to come.

### **Treasurer and Secretary needed for the PAC Next Year!**

Interested in getting more involved at Blakeburn and meeting other parents dedicated to helping our school community? The PAC has a number of opportunities for parents to get involved in small or larger roles. No previous experience is required, and how much you put in is up to you!

**The PAC is seeking parents specifically for these vacant positions:**

**Treasurer \*\*\* We cannot run a PAC without this position! \*\*\***

The Treasurer has a good understanding of bookkeeping procedures and keeps a record of

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all receipts and expenditures of the PAC. The Treasurer will draft an annual budget and prepare monthly financial statements to be presented at the PAC meetings. The person does not need to be an accountant, but knowledge of QuickBooks and Excel will be beneficial.

**Secretary \*\*\* We cannot run a PAC without this position! \*\*\***

The Secretary takes minutes at monthly PAC meetings and files the approved minutes of the meetings. The person keeps records and copies of important documents for the PAC and may issue correspondences on behalf of the PAC. No previous experience is necessary.

### **All PAC positions:**

Blakeburn parents are invited to run for election for any PAC positions (listed below).

President  
Treasurer  
Secretary  
DPAC  
Fundraising Committee  
Health & Safety  
Parent Communications  
Parent Education  
Hot Lunch Coordinator  
Parent Volunteer Coordinator  
Members at Large

If you are interested or have questions about these roles, email the PAC President, Vandhana Misri, at vanmis93@gmail.com and/or we invite you to attend the next PAC meeting on or April 11 at 6:45 in the school library.

**PAC Elections will be taking place during the PAC meeting on May 16, 2016.**

### **Carnival – Save the Date – June 10, 4:30-7:30**

Interested in being part of the fun? We are looking for one parent to be the Team Lead for Student Volunteers and one to be the Team Lead for Food & Beverage. Next meeting is Friday, March 4th at 8:45am. Email fundraising@blakeburn.org with any questions.

### **What is the new curriculum about?**

We've been hearing about the new curriculum, but what's it all about? The Ministry of Education put together this guide to explain the redesigned curriculum. It's a quick read to get a sense of what the focus will be:

[https://curriculum.gov.bc.ca/sites/curriculum.gov.bc.ca/files/pdf/curriculum\\_brochure.pdf](https://curriculum.gov.bc.ca/sites/curriculum.gov.bc.ca/files/pdf/curriculum_brochure.pdf)

## Community Information

City of Port Coquitlam

It is that time of year and we are running Winter Day Camps for 3-5 year olds and 5-10 year olds – see below:  
[http://www.portcoquitlam.ca/Recreation and Culture/Children Youth/Children s Services/Children Service s Winter Day Camps.htm](http://www.portcoquitlam.ca/Recreation%20and%20Culture/Children%20Youth/Children's%20Services/Children's%20Services/Winter%20Day%20Camps.htm)



## Adult Learning Opportunities

### Want to Graduate?

Call our Learning Centre (CLOC) at 604.945.4211 to book an advising appointment – You might be closer to graduation than you think. We have **tuition-free** courses for non-graduates\*.

### Need a Course or Want to Upgrade a Mark?

Class-room based and self-paced courses are available: Accounting 11/12, Biology 11/12, Communications 11/12, Chemistry 11/12, English 11/12, Geography 12, History 12, Math 11/12 (all) Physics 11/12, Planning 12, Social Studies 11 and more!

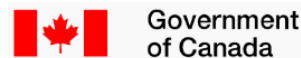
High School course registration opens online on December 15<sup>th</sup> for February classes. Registration for self-paced classes is on-going. Visit [www.ce43.com](http://www.ce43.com) for account creation and registration information.

### Want to Learn English?

We have free\* Foundations classes to support you. Language Assessment is required prior to registration. Visit Montgomery Centre Thursday nights from 3:30 p.m. to 6:30 p.m. Visit [www.ce43.com](http://www.ce43.com) for documentation requirements.

### Are you New to Canada?

We have Language Instruction for Newcomers to Canada (LINC) classes to help improve English Language skills (beginner to intermediate) and provide settlement information and support. These are free classes funded by the Canadian Government through a grant provided by Immigration, Refugees and Citizenship Canada. Daytime and evening classes are available, and child-minding is available for daytime classes.



### Looking for a New Career or Want to Improve Your Skills?

We offer **Continuing Studies Courses**: Accounting, Bookkeeping, Business Communications, Computerized Accounting, Digital Photography, Employment Preparation, Keyboarding, Microsoft Office, Payroll, Photoshop, Records & File Management, Special Effects Make-up & Beauty Make-up, Ten Key Number Pad, How to Get Better Grades in School, Introduction to Medical Terminology for ESL, and Spanish.



We also offer **Diploma & Certificate Programs**: Administrative Assistant, Building Service Worker, Computerized Accounting, Community Support Worker, Dental Receptionist, Games Studies, Health Care Assistant, Medical Office Assistant, and Beauty & Special Effects Make-up. Visit [www.vocationalprograms](http://www.vocationalprograms) for more information.

Visit [www.ce43.com](http://www.ce43.com) for locations and more information on all of our programs.

\*Subject to Canadian status and BC residency requirements.

